

Litchfield Prevention Council
Regular Meeting
St. Anthony's, Litchfield
Date: Nov 14, 2017 7:00 PM

Call to Order: K. Garden called the meeting to order at 7:06

Present: J. Johnson, B. Berson, K. Garden, J. Halpern, M. Pettinicchi, G. Kenney

Also present: Julie Haggard, Allison Fulton

Excused: J. Abbott-Tillou, C. Gillett-Lamond

Absent: J. Tiul

Appointment of Alternates: M. Pettinicchi was appointed to regular member

Public Comment: A. Fulton spoke about changes within the state and its role with HVCASA; still a 5013C but no contract with state anymore

School Liaison Report: K. Garden read an email from Ben Storrs: Lots of new members; freshmen and sophomores; did a dance party at the LIS costume activity; planning to help out at Holiday activity at Center School this year; ready to begin planning for Project Purple week in January.

Law Enforcement Report: Greg Kenney will attend our next meeting and provide a written report

Approval of Minutes: Minutes from Oct 10, 2017 were reviewed. B. Berson moved to approve with no changes, seconded by J. Halpern. All ayes, motion passed.

Treasurer Report: J. Johnson reported the current balance is \$8523.19

Correspondence: K.Garden was contacted by Resident Trooper Jim Holm about a program on street drugs that is sponsored and presented by CT State Police and the Statewide Narcotics Task Force. Done at Forman School last year, no funding required. It is adult-based. E-cigarette flyer from HVCASA; Allison told us they wanted the flyer sent out through the schools. K. Garden reported on STPC meeting 11/13/17 and post prom activity discussion.

Old Business:

Greenwoods Counseling- B.Berson and K. Garden attended joint meeting with Central Office and Wamogo on 11/9. Next community presentation scheduled for Nov 28 at 6:30 pm at Wamogo Library: Managing Stress

Family Game Night- J. Tiul; tabled

Mindfulness Based Stress Reduction- J. Haggard reported on a revised Advisory and Health Curricula; grades 7-12: implemented mindfulness activity during flex period; run by school social worker; goal to include as intervention. Grades K-6: CREC 12/1; 11 staff members in training; 20 weeks additional training on site; 40 students per cycle; all students K-6; A. Fulton: can survey to measure date on pre and post; tie it to anything in the Youth Survey; ask J. Haggard for the date piece. Additional funding: ask schools to contribute small amount (\$250 each?), Yoga studios, Chiropractors, any community business, church, etc.

Marc Mero 10/12/17- well- received by students and administrators. Evening event under-attended but great feedback from attendees; younger audience than expected.

Comprehensive School Climate(Survey) Inventory- principals are working with their teams on action plans.

Grant- final discussion. B. Berson will make adjustments and prepare for signatures.

New Business:

Discussion: What is the LPC, Mission Statement Review, By-Laws- tabled due to low attendance; handouts were distributed

Elke Sweeney, LCSW- J. Halpern spoke about her as a resource out of Danbury; discussion: Joel Behar/Greenwoods local and already in place; additional sources not needed now.

CT Forest and Parks- J. Halpern discussed their usefulness for some teens; can pass information to LHS.

Screenagers- Tabled

Hold Elections- Tabled

Agenda Items for Next Meeting:

Adjournment:

J. Johnson moved to adjourn the meeting at 8:50, B. Berson seconded. All Ayes, meeting adjourned.

Transcribed by K. Garden, Chairwoman

Kelly Garden, Chairwoman

Next meeting will be Dec 12, 2017